

Daybreak, Inc.
Agency Services Plan
Fiscal Year 2016–2017
5122-26-09

1. Statement of the Agency’s Purpose

Daybreak's mission is: To eliminate youth homelessness in the Miami Valley through comprehensive and results-oriented programs that provide safety and stability for runaway, troubled, and homeless youth. Daybreak’s vision is: A Safe Home for Every Child.

Daybreak provides age-appropriate housing programs with comprehensive supportive services including outreach, prevention, education, hotline, selected mental health services, information and referral, and other supportive services for teens and youth who runaway, are pushed out of their homes, are at risk of abuse or neglect, are homeless, or are at immediate risk of homelessness. The purpose is to break the cycle of homelessness and to ensure that teens and youth receive developmentally appropriate services to address their specific needs.

2. Contribution to a System of Care for Children/Adolescents

While Daybreak began as an emergency shelter in 1975, it has since adopted additional strategies to reach its goal of eliminating youth homelessness in the Miami Valley. Today Daybreak offers a full continuum of services including:

- Street Outreach for youth who are imminently homeless, living on the streets or couch hopping from place to place with the goal of stabilizing their situation and helping them to adopt less risky behavior through a progressive engagement strategy. Daybreak operates a drop in center at 605 S. Patterson Boulevard business days from 8:30 to 4:30.
- Emergency Shelter and Temporary Shelter for youth aged 10 to 17 in the 6 bed minor wing and 18 beds in the transition age youth wing for youth 18 to 20. Minor youth may remain in emergency shelter for up to 21 days while older youth may remain for up to 90 days. The goal is to provide a comprehensive mental health evaluation and to develop an Individual Goal Plan to assist youth in reaching age appropriate developmental milestones including life skills, safe and stable housing, educational attainment, and, if 18 or over, stable income through our supportive employment program.
- A progressive Transitional Housing Program for youth ages 18 to 24 including 24 supervised transitional housing units with intensive CPST services and scattered-site community-based transitional housing with less intensive services.
- A individualized supportive employment program that provides job readiness, job search, job coaching, job attainment, and job retention skill building services. The program also operates a social enterprise, Lindy’s Gourmet Pet Treat Bakery as a site for on-the job assessment and training. Youth are paid through a stipend or through a cooperative program with Goodwill Easter Seals for the work they do.

Population Served

Daybreak's programs serve runaway and pushed out minors and homeless 18- to 24-year-old young adults who are at or below 35% AMI – most are poverty level. These young adults have special needs related to their age and stages of development and represent an under-recognized growing subpopulation of homeless.

- **Geographic Target Area:**

- Montgomery County Youth (birth to 17)

- Montgomery County Young Adults (18 to 24 years old)

- **Race:** 28% Caucasian, 70% African American, 2% Hispanic

- **Households served:** 230 unduplicated households in shelter

- 100 youth in Supervised Transitional Housing and Scattered Site Housing

- 1000 youth in Outreach Services

Eligibility and Characteristics of Target Population

Any runaway, homeless, abused, or neglected youth between the ages of 10 and their 20th birthday in Montgomery County is eligible to receive shelter services with the following exceptions: 1) youth with a known history of repeated or extreme violence or sexual offenses, 2) known predators of younger children, 3) youth offenders requiring a secured, locked facility, and 4) youth who have a history with Daybreak and whose files indicate that they are inappropriate for readmission. Youth reach Daybreak via the 24-hour crisis hotline, Street Outreach program, and by referrals from Probation Officers, teachers, parents, friends, and other agencies. Daybreak accepts referrals from Montgomery County Juvenile Court, Montgomery County Children Services (MCCS), law enforcement, schools, and community agencies. As a 24-hour shelter, Daybreak also accepts "walk-ins" and "drop-ins" as youth are thrown out by their parents and/or dropped off at our door. Homeless youth face many challenges on the streets. Because of their age, homeless youth have few legal means by which they can earn enough money to meet basic needs. Many homeless adolescents find that exchanging sex for food, clothing, and shelter is their only chance of survival on the streets. In turn, homeless youth are at a 2 to 10 times greater risk of contracting AIDS or HIV-related illnesses.

Mental Health Issues

Mental health issues are related both to the immediate crisis facing the youth when they enter Daybreak's care and to longstanding problems from their history. In some cases, homeless teens and young adults are experiencing the early precursors of major mental health disorders. Homeless adolescents often suffer from severe anxiety and depression, poor health and nutrition, and low self-esteem. In one study, the rates of major depression, conduct disorder, and post-traumatic stress syndrome were found to be 3 times as high among runaway youth as among youth who have not run. Daybreak provides an array of mental health services including Mental Health Assessment, Cognitive Behavioral Therapy (CBT), Trauma Focused CBT (TF-CBT) individual and group behavioral health counseling, individual and group community psychiatric supportive treatment, and referrals to Crisis Care for emergency and state psychiatric evaluation and medication evaluation. Daybreak's youth consistently meet the criteria as an SED population and most of the young adults also have SMD diagnosis. About 60% of the adults served will meet the criteria for SPMI.

Many youth seeking long term housing were also victims of long-term chronic interpersonal trauma including physical abuse, neglect, emotional isolation, frequent disruptive moves, poverty, sexual abuse, witnessing violence, death or incarceration of primary caregivers, and repeatedly being passed from one caregiver, foster parent, or family member to another without regard for the stability, health, or mental health of

the child. As a result, many Daybreak youth are experiencing Complex PTSD and therefore require longer than typical CBT as well as other EBP therapies and intervention.

Developmental delays, poor interpersonal skills, exposure to repeated and prolonged trauma, social and emotional chaos, teenage parents, early prenatal exposure to smoking, alcohol, drugs, and other substances as well as poor parental prenatal nutrition combine to create social, interpersonal, and emotional deficits in nearly every aspect of functioning. Some youth are nearly paralyzed by inability to meet the developmental expectations of adulthood although they are chronologically of age. Therefore, Daybreak routinely offers a longer length of care for these youth as is appropriate for the formation of adequate mental health. (Presidents New Freedom Commission on Mental Health, 2002; Trauma Recovery Initiative for Youth, 2007, Child and Family Studies, Florida Mental Health Institute SAMSHA study)

Substance Abuse

It is often a vicious cycle. On one hand, substance abuse or mental illness is often cited as a contributing factor to youth homelessness while on the other, youth who are rendered homeless and living on the streets are at extremely high risk for substance abuse and mental illness. Regardless of the cause, the local Alcohol Drug and Mental Health Services Board estimates that 500 youth ages 10 to 17 require residential treatment for substance abuse, 4,500 youth require outpatient treatment, and the prevalence rate for mental illness in children and youth is 8.2% in Montgomery County, significantly higher than the State of Ohio's 4.2% rate. A review of 107 Daybreak shelter youths' backgrounds in 2008 revealed that 70 of those youth (65%) came from homes where one or both parents were addicts.

Agency-wide Evidenced-based Practices

Since there is no single best practice SAMSHA model identified for homeless youth and young adults, Daybreak uses other best practices from the models outlined below:

- SAMHSA Model Program - Trauma Focused Cognitive Behavioral Therapy
<http://www.samhsa.gov/ebpwebguide/index.asp>
- Trauma Informed Care <http://mentalhealth.samhsa.gov/nctic/trauma.asp>
- Contingency Management System (Daybreak Dollars)
<http://ajp.psychiatryonline.org/cgi/content/full/158/5/694>
- Ansell Casey Life Skills Assessment <http://www.caseylifeskills.org/>
- Motivational Interviewing
- CBT
- Trauma Informed Care
- Individualized Supportive Employment Program (ISP)

Evidence-based Practices

Daybreak utilizes the **Search Institutes 40 Developmental Assets** a highly researched, evidence-based model (www.search-institute.org/assets) to guide the development of these protective factors and others. Daybreak takes a holistic and systematic approach to youth development and recognizes that each young person should be supported to develop and fulfill all of his hopes and dreams. The focus then is on fully preparing youth to become constructive members of the community. In order to create an effective youth development milieu, the daily focal point for Daybreak staff is on helping young people succeed through healthy messages, safe and structured time and space, positive recreation, socialization including relationships with adult role models, skill development activities, opportunities for positive self-expression, and opportunities for youth participation.

Recovery from Abuse: Trauma-focused CBT

Trauma-focused cognitive behavioral therapy (TF-CBT) is an evidence-based treatment approach shown to help children, adolescents, and their caretakers overcome trauma-related difficulties. It is designed to reduce negative emotional, and behavioral responses following child sexual abuse and other traumatic events. The treatment, based on learning and cognitive theories, addresses distorted beliefs and attributions related to the abuse and provides a supportive environment in which children are encouraged to talk about their traumatic experience. (see SAMHSA Model Program - Trauma Focused Cognitive Behavioral Therapy <http://www.samhsa.gov/ebpwebguide/index.asp>. TF-CBT is provided by an LISW or LPCC or my as Masters level LSW under supervision of the LISW.

The Ansell-Casey Life Skills Assessment (ACLSA)

The Ansell-Casey Life Skills Assessment, also referred to as Casey Life Skills, is a suite of comprehensive online assessments, learning plans, and learning resources that can be utilized for free to help engage young people in foster care whereby they can gain the life skills they need to exit care. The tools are strengths-based and were built and refined with user input and research. The assessments consist of statements about life skills domains deemed critical by youth and caregivers for successful adult living. <http://www.caseylifeskills.org/>

Trauma Informed Care

Daybreak operates all of its agency programs utilizing a trauma informed approach and has specifically trained its staff annually in implementation of this approach as a mandatory requirement.

According to SAMHSA's concept of a trauma-informed approach, "A program, organization, or system that is trauma-informed:

1. *Realizes* the widespread impact of trauma and understands potential paths for recovery;
2. *Recognizes* the signs and symptoms of trauma in clients, families, staff, and others involved with the system;
3. *Responds* by fully integrating knowledge about trauma into policies, procedures, and practices; and
4. Seeks to actively resist *re-traumatization*."

A trauma-informed approach can be implemented in any type of service setting or organization and is distinct from trauma-specific interventions or treatments that are designed specifically to address the consequences of trauma and to facilitate healing. A trauma-informed approach reflects adherence to six key principles rather than a prescribed set of practices or procedures. These principles may be generalizable across multiple types of settings, although terminology and application may be setting- or sector-specific:

1. Safety
2. Trustworthiness and Transparency
3. Peer support
4. Collaboration and mutuality
5. Empowerment, voice and choice
6. Cultural, Historical, and Gender Issues

From SAMHSA's perspective, it is critical to promote the linkage to recovery and resilience for those individuals and families impacted by trauma. Consistent with SAMHSA's definition of recovery, services and supports that are trauma-informed build on the best evidence available and consumer and family engagement, empowerment, and collaboration.

Trauma-Specific Interventions

Trauma-specific intervention programs generally recognize the following:

- The survivor's need to be respected, informed, connected, and hopeful regarding their own recovery
- The interrelation between trauma and symptoms of trauma such as substance abuse, eating disorders, depression, and anxiety
- The need to work in a collaborative way with survivors, family and friends of the survivor, and other human services agencies in a manner that will empower survivors and consumers

Supported Employment/Individual Placement and Support

Supported Employment/Individual Placement and Support (SE/IPS) is an evidence-based practice that helps people with mental illness and other disabilities identify and acquire part-time or full-time jobs of their choice in the community with rapid job-search and placement services. It emphasizes that work is not the result of treatment and recovery but integral to both.



SE/IPS is very different from traditional vocational rehabilitation (voc rehab). It also emphasizes consumer choice as well as time-unlimited and individualized follow-along services.

CORE PRINCIPLES

1.) Zero-Exclusion Policy

All people who want to work are eligible for employment services and receive help even if they

- Have experienced job loss(es) in the past
- Lose a job(s) while enrolled in SE/IPS
- Are still experiencing symptoms of mental illness
- Experience cognitive impairments (e.g., memory, problem-solving difficulties)
- *Are still using alcohol or other drugs
- Have a criminal history
- Do not know how to fill out an application or talk to employers
- Do not have previous job training or work experience
- Are afraid they might not learn the job fast enough
- Are afraid they might not fit in with others

2.) Integrated Employment & Treatment

SE/IPS is integrated with (embedded in) mental health services. Employment specialists attend team meetings and work closely with case managers, psychiatrists, and other professionals to help people achieve their employment goals. Team members openly discuss and find solutions for issues that affect work and recovery, such as the following:

- Medication side effects (e.g., drowsiness)
- Persistent symptoms (e.g., hallucinations)
- Cognitive difficulties (e.g., problem-solving skills)
- Other rehabilitation needs (e.g., social skills, transportation, childcare)

3.) Competitive Jobs

Competitive employment is the goal of SE/IPS services. Competitive jobs are *regular jobs* that anyone in the community can apply for. They are not jobs set aside for people with disabilities. Employment specialists help consumers of mental health services find regular part-time or full-time jobs that pay a minimum wage or more. Consumers are paid the same as other people who perform similar work. SE/IPS endorses competitive jobs for several reasons:

- Consumers like them more than sheltered work.
- They reduce stigma and discrimination by enabling consumers to work side-by-side with people who do not have psychiatric disabilities.
- They promote self-sufficiency, financial stability, and career development over time.
- They support positive self-worth.

4.) Rapid Job-Search

As soon as people express an interest in employment, service team members connect them with employment specialists. In two to three weeks, specialists are helping consumers explore the job market, fill out applications, and interview with potential employers. Specialists do not require individuals to complete pre-employment assessments, training, workshops, and intermediate work experiences. A rapid job-search honors each person's desire to work.

5.) Systematic Job Development

Getting to know employers helps people find jobs that meet their strengths, needs, abilities, and preferences. Employment specialists build relationships with employers through planned in-person contacts over time. The face-to-face time enables specialists and employers to work together to find the right fit (or match).

Employment specialists keep in mind the job preferences of the people they represent and ask about and listen for many different opportunities at each worksite. Specialists keep themselves attuned to the quality of work environments, the potential for flexible hours, and the potential for workplace adjustments that will accommodate individual strengths, skills, symptoms, and coping skills.

6.) Time-Unlimited Support

Follow-along services help people through their work and recovery journeys for as long as they want or need them. These supports are provided by employment specialists, case managers, other service providers, and by *natural supports*, including family members, friends, co-workers, and other peers. Examples of follow-along services include

- On-the-job supports (e.g., job coaching)

- Job transitions (e.g., to new roles within a business, to new jobs at different businesses).

The goal of time-unlimited support is to help individuals become as independent as possible.

7.) Consumer Preferences

Service providers keep their attention focused upon the employment goals of people they serve and do not impose their ideas or plans. Service providers utilize motivational approaches to help individuals identify their personal strengths, skills, and job interests. People who find jobs that *they* want tend to experience a higher level of satisfaction and tend to keep their jobs longer. Individual preferences guide all aspects of the employment process, such as

- Job searches
- Decisions to disclose personal issues to employers or not (e.g., disabilities, symptoms)
- Level of ongoing support from service providers

8.) Benefits Planning

It is important for individuals to know how their jobs (earned income) might impact benefits such as Medicaid, Supplemental Security Income (SSI), Social Security Disability Insurance (SSDI), and housing subsidies. To help people make informed choices about their financial futures, employment specialists and other service providers learn the basics of benefits information. They also

- Help individuals understand benefits requirements (rules) and other regulations related to benefits & employment
- Help find benefits planners, who calculate the impact that income from employment will have upon various benefits
- Assist with reporting of income to different benefits providers
- Assist with identifying and documenting available work incentives

3. (3) & (4). Description of Services Provided and Hours of Operation

Street Outreach

The Street Outreach team works with youth identified as homeless or imminently homeless. They are also responsible for screening youth for referral to the Transitional Living program and for encouraging youth to leave the streets and enter Daybreak’s shelter or another community shelter. Street Outreach reaches out to the youth that are living on the streets or couch hopping, and those at high risk of becoming homeless and in need of some assistance.

Location: 605 S. Patterson Boulevard, Dayton Ohio 45402

Hours of Service: Various activities include some evening hours on an as needed basis. A street outreach drop in center provides services Monday through Friday from 8:30 to 4:30. Periodic canvassing takes place in areas that homeless youth may be congregating or “squatting.”

Mental Health Services Available: Crisis Assessment and Planning; crisis intervention, mental health assessment services, CPST, ISP and BHCT (see description below under emergency shelter)

Emergency Shelter

Daybreak operates a 24-hour crisis hotline and emergency shelter for youth. The shelter program serves youth ages 10 to 20 who are homeless, runaway, or pushed out of their homes, aging out of foster care or are in need of emergency placement due to age, neglect or other social problems. Daybreak cannot accept youth who:

- are in an active psychotic state
- are intoxicated
- have violent felony offenses
- require assistance with ADL's or personal health care
- might jeopardize the safety of other youth in the shelter owing to severe behavior difficulties

The shelter offers bed, meals, personal items, 24-hour supervision, and structured programs including activities and educational experiences. Referrals are accepted from community resources, walk-in, parents, law enforcement professionals, Children Services, or self-referral. Youth receive a Crisis Assessment and Crisis Intervention Plan within 24 hours and most receive a Mental Health Diagnostic Assessment within 72 hours.

Hours of operation: 24 hours a day/365 per year

Mental Health Services attached to emergency shelter

Hours of operation are 24 hours a day at 605 South Patterson Boulevard, Dayton, Ohio 45402.

Crisis Intervention Services - Daybreak provides crisis intervention services to homeless youth and at risk teens residing in its residential programs. Daybreak clinical staff is available during the day or through the crisis hotline during evening hours. Staff is trained to provide de-escalation, stabilization and resolution of the crisis. A Crisis Plan which includes a risk assessment of lethality, mental status, consumer strengths, identification of treatment needs and level of care determination and a crisis plan are completed and documented on all admitted youth within 48 hours of entrance into residence.

Crisis Linkage:

If a client requires an emergency screening for emergency hospitalization, voluntary or involuntary or is considered a danger to self or others, a referral is made to CrisisCare for screening and treatment recommendations. Psychiatry is available 24 hours a day through CrisisCare. Daybreak has an agreement with CrisisCare wherein they will provide this service 24 hours a day, seven days a week, 365 days a year on an as needed basis, on site, at various hospitals or in a client's home. CrisisCare operates as Montgomery County's county Care Daybreak consults with the Dayton Central Police Department if emergency services are required. Daybreak also routinely transports or arranges for transport of youth in crisis to Miami Valley Hospital and Kettering Youth Services.

CrisisCare agrees to provide psychiatric crisis intervention to Daybreak clients in the event of a mental health crisis during the day, evening or weekends. Daybreak shall assume responsibility for providing the Crisis

Hotline telephone number to its staff and clients and will call in CrisisCare when a psychiatric and/or hospital assessment is needed.

CrisisCare also agrees to dispatch licensed staff to Daybreak, or provide the service on site at 115 E. Third St. whichever is most clinically appropriate. Daybreak will be responsible for making any arrangements needed to assist the client in receiving any necessary hospitalization and/or follow up services.

Mental Health Assessment Service – offered on site. All youth receive a mental health assessment within 72 hours of admission to the shelter.

Behavioral Health Counseling and Therapy Services – offered on site. Youth and their parents are offered individual and group counseling services while the youth is in the shelter and on an aftercare basis by appointment.

Community Psychiatric Supportive Treatment Service – offered on site at shelter by appointment. These services are available at least 12 hours a day and on a rotating schedule on the weekends by Intervention Specialists.

24-hour in-house Clinical Consultation – a Daybreak LISW and/or LSW is available 24 hours a day for Clinical Consultation to after-hours staff.

Street Outreach Services

Target Population

120 transitional youth, ages 18 to 24, who are homeless or unstably housed (couch-hopping, sleeping in a structure not fit for habitation). These youth are referred by local services providers, adult gateway shelters, family, friends, police, and through walk-ins or calls to the Crisis Hotline. They are also referred through the 10-Year Homeless Solutions Front Door Assessment (FDA) process from the adult Gateway shelters. In the FDA process the youth are scored on their life skills, barriers for services and possible mental health issues and then placed on a waiting list for Transitional Housing, Permanent Supportive Housing (PSH), or housing of their own through Rapid Re-housing assistance. However, these are not billable ODMHS services. As part of Daybreak's Street Outreach program, youth are scheduled for a full Mental Health Assessment and crisis intervention plan.

Medical Necessity

Based upon the mental health assessment, transitional youth in the Street Outreach program who are found to have a mental health diagnosis are referred to community mental health centers, CrisisCare or scheduled for mental health services at Daybreak at which time an Individualized Service Plan is developed and additional services as noted below are scheduled.

Services

Crisis Intervention Services, Crisis Linkage, Mental Health Assessment Services, Individual and Group CPST and individual and group BHCT to prepare the youth for self-sufficiency, to help them manage symptoms of their mental health issues, to connect them appropriately to community resources in the adult MH system as well as other community resources. Services include a significant focus life skill building services including anger management, communication skills, self-care skills, coping skills, stress management, and symptoms management so that youth can reach age appropriate developmental milestones.

Hour of Operation

Business days 8:30 a.m. to 6 p.m. on site at 605 S. Patterson Boulevard, Dayton, Ohio or by appointment.

Transitional Living Program

The Transitional Housing Program provides homeless young people and those at risk of homelessness who are ages 17 to 21 with the tools to succeed at living independently as they transition into adulthood. The program emphasizes education and career planning, service coordination, group and individual counseling, and stabilization.

Transitional Living Program (TLP)

- services for homeless youth ages 18 to 24
- housing options include scattered site apartments
- 30 clients at any one time in scattered site apartments
- Resident can have up to two children while living in apartment
- Individual counseling and CPST services
- Crisis Intervention services as needed
- Housing for up to 24 months with supportive and case management services

Supervised Transitional Living (24 units on site at 605 S. Patterson)

Housing for youth ages 18 to 22, single or with one child under age of three years

- 24 supervised apartments
- Rental subsidy in exchange for program participation via the Daybreak Dollars contingency management system
- 24 hour supervised by trained Residential Specialists
- Comprehensive developmentally appropriate supportive services, case management, and crisis intervention, and counseling services.

Mental Health Services attached to Community Residence

Hours of operation for MH services are 9 a.m. to 8 p.m., Monday through Friday, by appointment. Residents in scattered site apartments can access crisis intervention services by on-call clinical staff through 24 hour shelter hotline.

Crisis Intervention, Crisis Linkage and Mental Health Assessment Service – offered on site at 605 South Patterson. Youth are scheduled for a mental health assessment when they have maintained contact with the Outreach department that has verified their eligibility for services. Crisis Intervention Services are offered on location in their homes or in the community as needed.

Behavioral Health Counseling and Therapy Services – offered on site at or in community-based locations and by home visit for youth and their families.

Community Psychiatric Supportive Treatment Service – comprehensive CPST services are provided on site, through home visit and in community-based locations. Services include life skills education, pre-employment

preparation, and facilitation of activities of daily living, parenting skills, anger management, and other areas that impact the transitional youth's ability to manage basic needs.

Individualized Supportive Employment Program

**Location of Services: 605 S. Patterson Boulevard, Dayton Ohio 45402,
Lindy's Bakery, 701 S. Patterson Blvd, Dayton Ohio 45402**

**Hours of Operation: 9 a.m. to 6 p.m. Monday through Thursday, 9 a.m. to 4 p.m. Friday
Lindy's Hours are 9 a.m. to 7 p.m. Monday through Friday**

Overview

Recognizing that to combat the recidivism of homelessness and unstable housing, Daybreak implements an Employment Program to address work, work habits, work skills, and work opportunities. Youth participating in the program receive classroom and direct service learning in order to address their employment readiness.

Daybreak's Employment Program consists of two components that provide opportunities for the youth to have a full range of employment skill building and direct service experiential training to assist them in increasing their employability. Demonstrated soft skills are addressed to better prepare them in obtaining and maintaining attainable and appropriate work.

Conducts initial and exit assessments for baseline information to determine youth's past experiences, education, and employability. Youth participate in 16 hours of classroom training that address soft skills, social skills, and work skills that are conducive to long-term employment. Classes are developed and conducted by Employment Case Managers knowledgeable and experienced in dealing with the socio-emotional development, employment skill building, and direct training needed to obtain and keep employment for the population served.

Youth also work 1:1 with Employment Case Managers to develop their Resume and Employment Plan. This plan assists the youth and the ECM with the appropriate direction to focus on when addressing their long-term goals toward employment. Plans are monitored to ascertain the youth's progress in their skill development and application. Classes are conducted Mondays and Tuesdays until youth has attended all 24 classroom topics.

Job Club and Supper Club are on-going groups that reinforce utilizing the skills addressed and taught in the classroom. When the classroom hours are completed and when possible, youth are required to attend these groups where application of the skills is stressed to relay the correlation of appropriate work skills and keeping a job.

In addition to classroom sessions, youth participate in direct service training at Lindy's Dog Treat Bakery. This experience allows them the experiential opportunity to apply skills as they are taught. Youth participate in the operational functions of the bakery under the monitoring of Employment Program staff.

Lindy's Bakery

Daybreak operates a social-enterprise facility that produces dog treats to be purchased and sold to outside consumers. This business operates and maintains acceptable business practices and standards.

Youth completing the Program Initiative component and demonstrate an appropriateness will be referred for employment to Lindy's Bakery. Once the Resume and Application are sent, youth are required to complete an interview with Employment Program Staff at the bakery.

(5) Community Agency Affiliations

If a client requires an emergency screening for mental health or substance abuse concerns, a referral is made to CrisisCare for screening and treatment recommendations. Daybreak has an agreement with CrisisCare wherein they will provide this service 24 hours a day, seven days a week, 365 days a year on an as needed basis. Daybreak also routinely transports or arranges for transport of youth in crisis to Miami Valley Hospital and Kettering Youth Services.

CrisisCare agrees to provide crisis intervention to Daybreak clients in the event of a mental health crisis during the day, evening or weekends, when the Daybreak clinical staff may not be readily available. Daybreak shall assume responsibility for providing the Crisis Hotline telephone number to its staff and clients.

CrisisCare also agrees to dispatch licensed staff to Daybreak or provide the service on site at 115 E. Third Street, whichever is most clinically appropriate. Daybreak will be responsible for making any arrangements needed to assist the client in receiving any necessary hospitalization and/or follow up services.

Daybreak is collaborating with Montgomery County Children Services to provide transitional housing for youth aging out of foster care and is providing safe housing for homeless youth in prior MCCSB custody to ensure they have safe housing.

Daybreak is collaborating with Goodwill/Easter Seals and other partners in the Pathways II project. In addition, two Vocational Specialists are on site full time through a private partnership with Goodwill Easter Seals to work specifically with Daybreak youth.

Wright University and Public Health Montgomery County conduct AIDS/HIV testing, awareness and testing quarterly on the Daybreak site.

Daybreak collaborates with Miami Valley Hospital and Wright State Boonshoft School of Medicine in the provision of pro-bono psychiatric consultation and medication evaluation on a weekly basis. MVH provides a psychiatrist on site at Daybreak three hours per week. WSU Boonshoft School of Medicine provides senior medical students the opportunity to be placed at Daybreak for 40 hours a week for one month as an elective in psychiatry or family medicine. The medical students are supervised by the psychiatrist and also provide medical educational consultation to staff and health-related educational services for Daybreak youth on site.

Daybreak is collaborating with the Reach Out clinic to access non-emergency medical services for clients with 24 hours of referring for appointment with physician or nurse.